One of the lepers, realizing he had been healed, returned, glorifying God in a loud voice.

LUKE 17:15

TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

October 13, 2019
TODAY’S READINGS

First Reading — Naaman, cleansed from his leprosy, returns gratefully to Elisha (2 Kings 5:14-17).

Psalm — The Lord has revealed to the nations his saving power (Psalm 298).

Second Reading — If we have died with Christ we shall also live with Christ (2 Timothy 2:8-13).

Gospel — Ten lepers are healed by Jesus, but only one, a Samaritan, returns to give him thanks (Luke 17:11-19).


Twenty-eighth Sunday in Ordinary Time

If we have died with [Christ Jesus] we shall also live with him; if we persevere we shall also reign with him. — 2 Timothy 2:11-12a

READINGS FOR THE WEEK

Monday: Rom 1:1-7; Ps 98:1-4; Lk 11:29-32
Tuesday: Rom 1:16-25; Ps 19:2-5; Lk 11:37-41
Wednesday: Rom 2:1-11; Ps 62:2-3, 6-7, 9; Lk 11:42-46
Thursday: Rom 3:21-30; Ps 130:1b-6ab; Lk 11:47-54
Friday: 2 Tm 4:10-17b; Ps 145:10-13, 17-18; Lk 10:1-9
Saturday: Rom 4:13, 16-18; Ps 105:6-9, 42-43; Lk 12:8-12
Sunday: Ex 17:8-13; Ps 121:1-8; 2 Tm 3:14 — 4:2; Lk 18:1-8

SAINTS AND SPECIAL OBSERVANCES

Sunday: Twenty-eighth Sunday in Ordinary Time; Sukkot (Jewish Festival of Tabernacles) begins at sundown
Monday: St. Callistus I; Columbus Day; Canadian Thanksgiving Day
Tuesday: St. Teresa of Jesus
Wednesday: St. Hedwig; St. Margaret Mary Alacoque; National Boss's Day
Thursday: St. Ignatius of Antioch
Friday: St. Luke
Saturday: Sts. John de Brêbeuf, Isaac Jogues, and Companions; Sweetest Day

Welcome to Holy Name!

We are a Stewardship Parish! If you worship with us each week or are new to our neighborhood, please register online at: http://holynamesf.org/parishregistration.

You will be on our mailing list and let us know you are willing to support your parish through your time, talent and treasure — the privilege of every Catholic.

PARISH MISSION STATEMENT

HOLY NAME OF JESUS PARISH SAN FRANCISCO is a welcoming multicultural and liturgical community that celebrates our Christian faith. In the spirit of the “Joy of the Gospel” we work together promoting Catholic values and teachings. Our parish encourages a strong devotion to our Blessed Mother Mary, who gives us an example of faithful discipleship and a generous stewardship way of life.

LET US PRAY FOR:


We pray for those who have Died...that they may be granted a home in heaven. ROBERT MASKE

ERRATUM

In last week’s bulletin (October 6, 2019) we printed the wrong date for the FRIGHT FEST. The HOLY NAME SCHOOL FRIGHT FEST WILL BE ON Saturday, October 26th, 2019 from 10 AM to 8:00 PM.

So join us for the Fright Fest! Free Admission! Carnival games! Inflatables! Bingo! Monster Mash Dance! Food & More!!!
Mass will be this Monday, October 14, 2019 at 11:00AM in our time, talent and resources he has given to the church. His Funeral is another mission for him in heaven. Yet we are so grateful for all the absence is already being missed terribly. But we know, God has always had a positive attitude: “can we fix it? YES, we can!” His trades. “He reminds me of the kids show “Bob the Builder” - he always there to the rescue. He was our professional painter, handyman, electrician, plumber, etc, the “Jack (or should I Fred?) of all trades.” He reminds me of the kids show “Bob the Builder” - he always had a positive attitude: “can we fix it? YES, we can!” His absence is already being missed terribly. But we know, God has another mission for him in heaven. Yet we are so grateful for all the time, talent and resources he has given to the church. His Funeral Mass will be this Monday, October 14, 2019 at 11:00AM in our church. Rest in Peace with Christ, Fred!

Continuing his mission and priestly duties in our nearby diocese of Oakland is Fr. Simon Jin who had been with us for the past five years and our parochial vicar for the last three years. He is celebrating his Farewell Mass with us this Sunday at 11:30AM followed by a reception in the Flanagan Center. He is a great loss to us and “our loss is Oakland’s gain.” Indeed, a great loss for us since the Archdiocese is not planning of giving us another priest at this time.

He is a loss to our Chinese Ministry but a gain to the entire Diocese of Oakland Chinese Ministry. As we thank him for his ministry at Holy Name and in the Archdiocese of San Francisco, we wish him well in his new assignment as parochial vicar of St. Leonard Parish, San Leandro, CA.

There was this priest who was assigned to a new parish in the city. He was called for an Anointing of the Sick at a nearby hospital. Since he was new in the area, he did not know where to park and wasn’t able to find a close parking spot. So, he left his car in a no-parking zone and place a note on his windshield saying, “Rev. Robert Brown, Priest, Working inside the Hospital.” He was finished visiting the sick within an hour, and when he returned to his car, he found a ticket with a note that read, “Sgt. David Jackson, Police Officer, Working outside the Hospital.”

Every morning is a new mission from God and every time you wake up, God has a plan for you...

Rite of Christian Initiation of Adults (RCIA) is a process for unbaptized adults who are interested in becoming Catholic and for baptized Christians who seek full communion with the Catholic Church through the Sacraments of the Holy Eucharist and Confirmation. Sessions are held every Thursday, from 7:00 -8:30 PM in the Pastoral Center (1555 39th Avenue). Please contact Sr. Cristina in the parish office to register.

Youth Mass and Ministry will be this coming Saturday, October 19th, starting with Sunday Vigil Mass at 5:00 PM. We will continue in the Pastoral Center to talk about our call to be missionaries and sharers of the Good News of Jesus Christ. Bro. Gerry Vasquez will give a presentation and facilitate the discussion. Pizza and beverage will be served. Please send your children to this lively gathering of young minds and hearts! For more information please ask the Youth Ministry Team: Erin and Luke Grogan, Julie and Justina Quock, Alejandra Brito and Bro. Gerry.

Thank You, Grief and Consolation Ministry Team for a successful morning reflection session for widows and widowers last September 27th. It was well organized and facilitated. The discussion and reflection were lively and encouraging. Everyone agreed that when facing the loss of a loved one, strong faith in God and supportive presence of family and friends are needed through the grieving process. The participants agreed to meet again in the Spring, preferably in May 2020. We hope to have more people interested in this new pastoral outreach ministry here at Holy Name. For more information, please contact Valerie Toy.

Give Us This Day Missal May we remind those who go to daily Masses that these missals are for use in the Chapel only. If you want personal copy, please subscribe for your own. The subscription card can be found in the inside back cover of the book or you may do subscribe online at www.giveusthisday.org or call 888-259-8470. Thank you for your cooperation. If you have other questions, please ask Sr. Cristina.
Archdiocese of San Francisco

ARCHDIOCESAN ANNUAL APPEAL 2019
Thank you to all who have already sent in their generous donations to the 2019 Archdiocesan Annual Appeal. I humbly ask those of you who have yet to participate in the Annual Appeal to do so soon. You may want to consider a donation of $600.00 (or more) which qualifies you for the 1% Club. All 1% Club Donors for the 2019 Annual Appeal will be treated to a catered Thank You Dinner.

As of 10/07/2019, we have received $19,617.00. We still need $72,310.00 to reach our goal of $91,927.00. You may use the brochures available on the pews or simply cut and fill out this form, attach your donation check (made payable to Archdiocesan Annual Appeal 2019), and mail or drop it off to either Holy Name of Jesus Parish, 1555 39th Ave, San Francisco, CA 94122 or directly to the Office of Development at the Archdiocese of San Francisco, One Peter Yorke Way, San Francisco, CA 94109.

DONOR INFORMATION
Your Parish: Holy Name of Jesus Parish
Donor ID: _____ Mr. & Mrs. _____ Mr. _____ Mrs. _____ Ms. _____
Name: __________________________________________
Address: _________________________________________
City: ___________________________________________
State: __________________ Zip Code: _____________
Telephone: ______________________________________
Pledge or one-time donation amount: ____________________

For More Info. regarding AAA 2019: Please contact the parish office at (415) 664-8590 or the Archdiocesan Office of Development at (415) 614-5580 or email development@sfarch.org

BUILDING & MAINTENANCE FUND
Next Sunday’s Second Collection is for our Building & Maintenance Fund. Your generosity allows us to take care of our Parish plant.

Holy Name of Jesus Church Flanagan Center
Lawton Street between 39th & 40th Avenues

San Francisco Archdiocesan Council of Catholic Women
FALL CONFERENCE
Saturday, October 19, 2019
Holy Name of Jesus Church Flanagan Center
Lawton Street between 39th & 40th Avenues

9:00 AM—Mass in the church
9:30 AM—Continental Breakfast in Flanagan Center
10:15 AM—Program Topics
Vatican Documents: The Key To Pro-Life Principles plus “What’s New in the Pro-Life Arena: A Short Update” by Vickie Evans
Commercial Sex Trafficking of Children
A Community Conversation by Joy Thompson

$25 includes Continental Breakfast & Lunch.
For more information or reservations call Josephine at 650-438-0773 by October 12.

COFFEE & DONUTS SCHEDULE October, 2019
13 Hospitality Tony & Linda
20 HN Seniors & HNLA Pat & Letty
27 Lay Canossians Jim & Susan
Nov 3 Holy Name School Mike Miller

NIGERIA BENEFIT
Thursday, October 24, 2019, 6:00 to 8:00 p.m.
Holy Name of Jesus Church, Flanagan Center
(located underneath the Church on the cor. 39th Ave & Lawton St. San Francisco, CA)
Admission: $50

Fr. Edward Inyanwachi returns to the San Francisco Bay Area to share for one evening only his experiences as a parish priest and as the director of education for the diocese of Abakaliki, Nigeria. He will explain how he has worked through the Mother of Mercy Charitable Foundation (“MMCF”) to fulfill its ongoing mission to transform the lives of Nigeria’s rural poor. Authentic African refreshments served. Your tax deductible contribution will be used to further MMCF’s work. Cash or checks made payable to Mother of Mercy Charitable Foundation accepted at the door. For further details, see: www.mmcharitablefoundation.org

Archdiocese of San Francisco

WORLD MISSION SUNDAY
Today’s Second Collection is for World Mission Sunday. Please give a warm Holy Name welcome to our guest speaker, Sr. Arlene Trant, a Maryknoll sister from New York.

HOLY NAME FOOD BANK PROJECT
The Food Bank project at Holy Name, delivers groceries to the needy home-bound in the Sunset. This is an ongoing project—Every Tuesday at 11 am and ending around 1:00 pm, at the Rectory garage on Lawton Street. Volunteers are welcome to sign up every Tuesday. We especially need drivers.

Mass & Blessing for Medical Professionals
Medical professionals and those who care for them and support them, as well as Eucharistic ministers to the homebound and sick, are invited to a special White Mass and Blessing for Medical Professionals Oct. 18 at 6 p.m. at Mater Dolorosa Church, 307 Willow Avenue, South San Francisco 94080. Please join Archbishop Salvatore J. Cordileone for this special Mass and reception hosted by the Archdiocese of San Francisco! For more information see: www.mmcharitablefoundation.org

Our Bus Trip to Cache Creek on Monday Oct 21, 2019
9:00 AM Sharp departure
IS NOW FULL
Your Payment Guarantees Seat
So if you haven’t paid, please do so immediately
Or we will offer your seat to someone on the waitlist

Coffee and Pastries will be served in Flanagan Center from 8:15 AM until before our 9 AM departure

Any questions please contact
Benny Capuyan (415) 863-6576

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YOUR HEALTH MATTERS!

Sleep

Are you getting enough of your zzzz’s? Getting enough zzzz’s boosts your mood, improves your health, and makes you more productive at work, among other things. After a sleepless night, you’re more likely to feel sluggish the next morning, and a small, new study suggests why: your brain cells feel sluggish too. And when those brain cells are tired, you may be more likely to be forgetful and get distracted more easily, the research found. U.C.L.A.’s neurosurgeon Dr. Itzhak Fried, explains for example, when a sleep deprived driver sees a pedestrian stepping in front of his car, it may take longer for the driver to realize what he or she is seeing because “the very act of seeing the pedestrian slows down in the driver’s over tired brain”.

So what’s the magic number when it comes to the amount of time that’s ideal to spend in the sack? Unfortunately, there’s no “one-size-fits-all” number. It depends on your genes, how healthy you are, and how active you are during the day, among other factors. Yet, for most adults, getting between 7-9 hrs./night is the “sweet spot” to ward off daytime sleepiness and feel healthy.

Adults: 65+older = 7-8 hrs. Sleep
Kids : 3-5 yrs. old=11-13 hrs. Sleep
5-10 yrs. old=10-11 hrs. Sleep
10-17 yrs. old=8 ½ - 9 ½ hrs. Sleep

It is recommended to refrain from caffeine that are found in beverages/food (such as cocoa beans-chocolate) 6 hrs. prior to bedtime. NOTE PARENTS for Halloween candies!!!!

If you do feel a little sluggish during the daytime, it’s recommended you take a short 30 min. nap and remember to drink plenty of water verses taking another “cup of Joe”.

To your health,
Angela Testani R.N.

THE GABRIEL PROJECT

We are in need of the following baby supplies/items for two pregnant moms who are due for delivery this month and in December. They are single moms, have depression and other health issues, and have moved back to live with their mothers. The newborns are expected to be boys. Please bring your donated items by the next two weeks to the table of the Gabriel Project at the back of church. Financial support is always appreciated.

- Diapers. One 40-count package of newborn (birth weight under 8 pounds) or of size 1 (birth weight over 8 pounds).
- Diaper bag
- Sleeping outfits or one-piece sleepers with attached feet
- Side-snap T-shirts
- One-piece undershirts that snap around the crotch
- Socks/booties
- Soft, comfortable daytime outfits. Newborn size and in the 6-month size
- Cotton sweater or light jacket
- Bottle-drying tree. Bottle brush
- 4- to 5-ounce bottles, plus nipples, rings
- Plastic infant bathtub
- Soft hooded towels
- Baby washcloths

HOLY NAME WEEKLY CALENDAR
Week of October 13, 2019

Sunday, Oct 13, 2019
10:00 AM Choir Practice Flanagan Center
12:30 PM Reception for Fr. Simon Flanagan Ctr.
4:00 PM 40 Day Memorial Mass Church
5:00 PM Reception Flanagan Center
6:00 PM Rosary chapel

Monday, Oct 14, 2019
10:00 AM Visitation/Funeral Mass Church
1:00 PM Sewing Group Pastoral Center
6:00 PM Rosary chapel
7:30 PM SVdP Meeting Pastoral Center

Tuesday, Oct 15, 2019
10:00 AM C/E Class Pastoral Center
10:00 AM Lectio Divina Pastoral Center
6:00 PM Focus group Pastoral Center
6:00 PM Rosary chapel
6:30 PM HN Preschool/School Staff Yoga Flanagan Ctr.
7:30 PM Legion of Mary Pastoral Center
7:30 PM PPC Meeting Flanagan Center

Wednesday, Oct 16, 2019
10:00 AM C/E Class Pastoral Center
6:00 PM Rosary chapel

Thursday, Oct 17, 2019
11:30 AM Senior Club Flanagan Center
6:00 PM Rosary chapel
7:00 PM RCIA Pastoral Center

Friday, Oct 18, 2019
6:00 PM Rosary chapel

Saturday, Oct 19, 2019
9:00 AM ACCW Mass & Reception Flanagan Center
1:00 PM Chinese Ministry RCIA Green Room
2:30 PM Chinese Ministry Social Flanagan Center
3:00 PM Chinese Mass Church
4:20 PM Confessions Church
5:00 PM Youth Ministry Pastoral Center
6:00 PM Rosary chapel

HOLY NAME TREE OF LIFE

Honor your loved ones, whether living or deceased, with a gift of a leaf on our Tree of Life. Each leaf costs $500 with a $25 engraving charge. We suggest a maximum number of characters to 5 lines, up to 25 characters per line including spaces.

Leaf color choices are ______ gold, ______silver or ______ bronze.

For more information, please call (415) 664-8590 or drop by the Parish office during business hours 9 AM – 4 PM.

THE GABRIEL PROJECT continued

- Baby body wash that doubles as shampoo
- Baby-sized nail clippers
- Zinc-oxide-based diaper rash ointment
- Soft brush and comb
- Pacifiers

The Gabriel Project is a parish-based ministry that supports pregnant mothers and their unborn children. Holy Name of Jesus is one of the several parishes within the San Francisco Archdiocese that The Gabriel Project relies upon to dispense assistance and love to the pregnant mothers in our area.
ADS
Parish Leadership

Parish Pastoral Council: Paul Roscelli
Finance Council: Jim Regan
Stewardship Council: Ricky Inting & Cecile Sabater

Liturgical Ministries

Eucharistic Ministers & Children's Liturgy: Roberta Beach
Lectors: Leo Nascimento
Altar Servers: Tri Nguyen
Music Ministry: Carl Vengco
Sacristans: Ramsey Ramos
Environment: Cecilia Bermudez
Linens: Ding Carbonel

Faith Formation & Catechesis

Religious Education: Hilda Dela Cruz
Rite of Christian Initiation: Sr. Cristina Ovejera, FdCC
Youth Ministry: Julie Quock, Alejandra Brito, John & Erin Grogan
Infant Baptismal Prep: Terry Flaherty

Pastoral Outreach

Sick & Homebound Ministry: Susan Logan
Senior Club: Pat Relampagos
Holy Name Ladies Aid: Letty Palpalatoc
Grief & Consolation Ministry: Valerie Toy
Knights of Holy Name: Bill Flaherty
Hospitality: Linda & Tony Sideco, Noreen McEllistrim, Mary Dunne

Chinese Ministry: Valerie Toy & Louis Chan
Fil-Am Ministry: Ramsey Ramos & Freda Motak
St. Vincent De Paul Conference: Carol Elliott Maloof
Marian Shrine: Ester Aue
Legion of Mary: Ray Frost
Gabriel Project and Cancer Support: Rose Tang
Food Bank Project at Holy Name: Louis Chan (415)613-9075

Parish Nurse Program: Carol, R.N. (415) 664-8590 ext. 109

Parish Nurse: Jackie C. Alcaraz
Parish Nurse Coordinator: Ester Aue
Parish Nurse Office: 3240 Lawton St. San Francisco, CA 94122
(415) 664-8590 ext. 109

Holy Name School: 1560 40th Ave. San Francisco, CA 94122
Michael Miller, Principal
(415) 664-4753

Holy Name Conservatory of Music: Holy Name School, 1560 40th Ave. San Francisco, CA 94122
Alice Ho Seher, Preschool Director
(415) 664-4753

Holy Name Preschool: 1560 40th Ave. San Francisco, CA 94122
Carol Elliott Maloof, RN
(415) 664-4753

Holy Name Choir Practice: Vigil in the Flanagan Center
Holy Days: 7:30 AM, 9:00 AM, and 7:00 PM

SCHEDULE OF MASSES

Sunday: 7:30 AM, 9:30 AM (Family Mass), 11:30 AM,
Saturday: 7:30 AM, 9:00 AM, 3:00 PM (Chinese), 5:00 PM (Vigil)
Weekdays (in Convent Chapel 1555 39th Ave): 7:30 AM, 9:00 AM
Except Thursdays when school students are in attendance, Mass will be in the Church.
Holy Days: 7:30 AM, 9:00 AM, and 7:00 PM
Confessions: 9:10 AM—9:25 AM and 11:10 AM—11:25 AM
on Sunday & 4:20 - 4:50 PM Saturday or as requested, just call the Parish office or approach any priest
Adoration of the Blessed Sacrament
Every Wednesday—after the 9 AM Mass with benediction at 12 Noon
Sacred Heart of Jesus Devotions: Friday after 9:00 AM Mass
Perpetual Help Devotions: Every Saturday after 9:00 AM Mass
First Friday Devotion to the Sacred Heart of Jesus after the 9:00 AM Mass with the Exposition, Adoration of the Blessed Sacrament and Benediction at 10:30 AM
First Saturday Devotion to the Blessed Virgin Mary
begins at 8:30 AM with the Rosary, then Mass & Benediction

Baptisms by appointment
Baptismal Preparation—Every 1st Saturday of the month in the Pastoral Center - 1:30 PM—You need to register for the class ahead of time.
Baptismal Ministry (Sewing Group): Every Monday 1-3 PM in the Pastoral Center Event Room
Marriages: Contact Pastoral Center 6 months in advance.
Sundays 12:30-2:30 PM, Flanagan Center
R.C.I.A. (Chinese): Every Saturday—Green Room—1:30 PM
Lectio Divina: Tuesday 10—11 AM (Pastoral Center)
Bible Study Group (Chinese): Every Wednesday—7:30 PM Flanagan Center
Parish Pastoral Council: contact Fr. Arnold Zamora
St. Vincent de Paul Society: meeting— every Monday at 7:30 PM (Pastoral Center)
Holy Name Ladies Aid: every 1st Wednesday of the Month at 12:30 PM (Pastoral Center)
Holy Name Choir Practice: every WEDNESDAY at 5:30 PM in the Pastoral Center
The Gabriel Project: Contact Rose Tang (415)793-0967
Legion of Mary: every Tuesday at 7:30 PM
Youth Ministry: One designated Saturday a month 5 PM—7:30 PM including Mass. Contact person: Sr. Cristina & Team (415)664-8590
Blood Pressure Screening: every 2nd Wednesday from after the 7:30 AM Mass until 11 AM (Pastoral Center) except July & August
Hospitality: Every Wednesday after the 7:30 AM and 9 AM Masses in the Pastoral Center except July & August