Let the peace of Christ control your hearts, the peace into which you were also called in one body.

Colossians 3:15
TODAY'S READINGS

First Reading — Those who honor and comfort their parents shall never be forgotten (Sirach 3:2-6, 12-14).

Psalm — Blessed are those who fear the Lord and walk in his ways (Psalm 128).

Second Reading — You are called into one body. Bear with one another; forgive one another; let Christ's peace control you (Colossians 3:12-21 [12-17]).

Gospel — Joseph rose, took the child and his mother, and fled to Egypt (Matthew 2:13-15, 19-23).

MASS INTENTIONS

WEEK of December 29, 2019

Sun 29
7:30 AM    Mass for the People
9:30 AM    Joe & Teresa Hurley†
11:30 AM  Special Intentions of
          Calixta Cusi

Mon 30
7:30 AM    Margaret (Peggy) Anderson†
9:00 AM  Special Intentions of
          Dennis McCarthy

Tue 31
NEW YEAR’S EVE
7:30 AM    Anselma P. Palarca †
9:00 AM    Justin Garcia†

Wed 01
NEW YEAR’S DAY HOLIDAY
9:00 AM  Helga & Archibaldo da Luz †

Thu 02
7:30 AM    Isidora P. Mangrobang†
9:00 AM  Claire Hallinan†

Fri 03
7:30 AM    Joseph Chow†
9:00 AM

Sat 04
9:00 AM  Helga & Archibaldo da Luz †
5:00 PM  The Carr & Guerin Families

SAINTS AND SPECIAL OBSERVANCES

Sunday: The Holy Family of Jesus, Mary, and Joseph
Monday: Sixth Day within the Octave of the Nativity of the Lord
Tuesday: Seventh Day within the Octave of the Nativity of the Lord; St. Sylvester I; New Year’s Eve
Wednesday: The Octave of the Nativity of the Lord; Mary, the Holy Mother of God; World Day of Peace; New Year’s Day
Thursday: Ss. Basil the Great and Gregory Nazianzen
Friday: The Most Holy Name of Jesus; First Friday
Saturday: St. Elizabeth Ann Seton; First Saturday

ST. VINCENT DE PAUL COLLECTION

Today, our Second Collection is for St. Vincent de Paul conference. Your generous donation allows us to fulfill our mission: “Help Us, Help Others!” Thank you for your continued support.

ACE COLLECTION

Next Sunday’s Second Collection is the ACE COLLECTION for the benefit of our Parish School. Your generosity is very much appreciated by our school children.

YOUTH MINISTRY ANNOUNCEMENT

Youth Group members:
Don’t forget that our January fellowship/activity day will be on Sunday, January 12, 2020 and not on January 5!

WELCOME TO HOLY NAME!

We are a Stewardship Parish!
If you worship with us each week or are new to our neighborhood, please register online at: http://holynamesf.org/parishregistration. You will be on our mailing list and let us know you are willing to support your parish through your time, talent and treasure - the privilege of every Catholic.

PARISH SUMMARY REPORT

<table>
<thead>
<tr>
<th></th>
<th>12/15/2019</th>
<th>12/16/2018</th>
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<tbody>
<tr>
<td>No. of Envelopes</td>
<td>140</td>
<td>151</td>
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<td>Sunday Collection total</td>
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<td>$5,704.25</td>
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<td>YTD Ordinary Income</td>
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<td>Surplus/(Deficit)</td>
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Cheers and Prayers for 2020!
God bless you abundantly.
God bless all your projects.
God bless your finances.
God bless your spiritual life.
God bless your family.
God bless your home.

But my memories remain of our home filled with love. 
Mom and dad now have gone to their home up above, 
Who has burdened our sins, 
Praising Jesus our Savior 
Mom would play the piano, dad would lead us in hymns, 
From the books in the Bible that tell of God's glories. 
We'd all gather round as dad read us the stories 
Out of bounds 'cept on Sundays and our evening of grace. 
And then to the parlor, sliding doors fast in place, 
Then clear off the table mom's good wishes, 
After supper we took turns to wash and dry dishes, 
All the family together, oh, the joy I have known.

No T.V.s, computers or 'lectronic toys, 
How well I remember childhood days at our home, 
All the family together, oh, the joy I have known. 
No T.V.s, computers or 'lectronic toys, 
The evenings at home were blessing and joy. 
After supper we took turns to wash and dry dishes, 
Then clear off the table mom's good wishes, 
And then to the parlor, sliding doors fast in place, 
Out of bounds 'cept on Sundays and our evening of grace. 
We'd all gather round as dad read us the stories 
From the books in the Bible that tell of God's glories. 
Mom would play the piano, dad would lead us in hymns, 
Praising Jesus our Savior 
Who has burdened our sins, 
Mom and dad now have gone to their home up above, 
But my memories remain of our home filled with love. 

My intercessory prayer for you as we end this year:
God bless you. 
God bless your heart 
God bless your life. 
God bless your health. 
God bless your home. 
God bless your family. 
God bless your spiritual life. 
God bless your finances. 
God bless all your projects. 

A Blessed New Year!
Cheers and Prayers for 2020!

HAPPY NEW YEAR 2020 FULL OF GOD’S BLESSINGS!

FAZtor’s Notes:
By: Fr. Arnold Zamora

Christmas is not over! Let’s keep celebrating it, if possible every day. Jesus lives with us and in us.
Our school children always say as they start their prayer at the morning assembly: “Let us remem-
ber we are in the holy presence of God.” God is always present in our lives.

Let us celebrate Christmas in our family as we celebrate this Sunday the Feast of the Holy Family of Jesus, Mary and Joseph.

Pope Francis wrote so beautifully about the family and children: 
“There is no perfect family. We do not have perfect parents, we are not perfect, we do not marry a perfect person or have perfect children. We have complaints from each other. We disappoint each other.

There is no healthy marriage or healthy family without the exercise of forgiveness. Forgiveness is vital to our emotional health and spiritual survival. Without forgiveness the family becomes an arena of conflict and a stronghold of hurt. Without forgiveness, the family becomes ill.

Parents are the children source of life. They are there to protect their sons and daughters and not to compete with them.

That is why the family must be a place of life, not of death; territo-

ry of cure and not of illness; stage of forgiveness and not guilt. For-
giveness brings joy where sorrow has produced sadness; Healing, where sorrow has caused disease.”

Somebody wrote this poem about one’s Sweet Memories:
How well I remember childhood days at our home,
All the family together, oh, the joy I have known.
No T.V.s, computers or ‘lectronic toys,
The evenings at home were blessing and joy.
After supper we took turns to wash and dry dishes,
Then clear off the table mom’s good wishes,
And then to the parlor, sliding doors fast in place,
Out of bounds ‘cept on Sundays and our evening of grace.
We’d all gather round as dad read us the stories
From the books in the Bible that tell of God’s glories.
Mom would play the piano, dad would lead us in hymns,
Praising Jesus our Savior
Who has burdened our sins,
Mom and dad now have gone to their home up above,
But my memories remain of our home filled with love.

My intercessory prayer for you as we end this year:
God bless you.
God bless your heart
God bless your life.
God bless your health.
God bless your home.
God bless your family.
God bless your spiritual life.
God bless your finances.
God bless all your projects.
God bless you abundantly.

A Blessed New Year!
Cheers and Prayers for 2020!

FAITH FORMATION
CATECHESIS
PASTORAL OUTREACH

Director: Sr. Cristina Ovejera, FdCC
crisfdcc2016@yahoo.com
(415) 664-8590

REFLECTION
Pope Francis on New Year’s Day: Devotion to our Blessed Mother Mary is a Must

“At the start of the new year, Pope Francis said that having a devotion to the Blessed Virgin Mary isn’t just something that is nice or good to do, but is an obligation in the life of a Christian. Devotion to Mary is not spiritual etiquette; it is a requirement of the Christian life. The gift of the Mother, the gift of every mother and every woman, is most precious for the Church, for she too is mother and woman. If our faith is not to be reduced merely to an idea or a doctrine, all of us need a mother’s heart, one which knows how to keep the tender love of God and to feel the heartbeat of all around us. Today’s feast tells us that if we want to go forward, we need to turn back: to begin anew from the crib, from the Mother who holds God in her arms.”

BLESSED FEAST OF MARY,
THEOTOKOS, THE MOTHER OF GOD!
HAPPY NEW YEAR 2020 FULL OF GOD’S BLESSINGS!

Religious Ed and Youth Ministry will resume on Sunday, January 12, 2020, at 10:30AM-12Noon in the Pastoral Center. Service projects will be making sandwiches for the homeless served by St. Vincent De Paul Conference; and door hangers for evangelization in the Outer Sunset neighborhood.

Thank you for the outreach projects begun in our parish.
Christmas gifts to sick and homebound parishioners, cancer survivors, Gabriel Project and others. We are very grateful to acknowledge two groups of parishioners who generously shared their gifts of time, talents, treasure, during this season of giving: 1) The Crochet and Knitting Group: Cely Orque, Cecilia Bermudez, Melva Aguirre, Cres Payumo, Pat Relampagos, Beverly Flaherty, Sr. Cristina, for the scarves, hats, baby blankets, throws, that were beautifully done. 2) Rosary making group initiated by Bro. Gerry: Cres Payumo, Melva Aguirre, Julie Lai, Alejandra Brito, Joyce Jeong, Bro. Gerry, Sr. Cristina. Thanks very much, Margaret Costello and Cres, for the materials. We are sending some of these rosaries to the Philippines, through Caridad Wright and Lorna Lorca. These two project groups are continuing, interested parishioners may contact Sr. Cristina. Thanks in advance!

A Pledge to Pray for Vocations Through the “Invisible Monastery”
Parishioners have already pledged to participate in this prayer group. It can be part of your Stewardship of Prayer commitment. Members of Invisible Monastery pray daily or weekly, offering Mass intentions, rosaries, holy hours, or any other type of prayer members choose. When you enroll at invisiblemonastery.com, you pledge to pray for vocations to priesthood and consecrated life. Please remember seminarians in our archdiocese and the Canossian Sisters. Thank you.

Lay Canossians. You are invited to know more about the lay faithful who live the Charism and spirituality of St. Magdalene of Canossa with the Canossian Sisters. We welcome you to the monthly meeting, every first Sunday at 2:00-4:00PM in the Flanagan Center.
HOLY NAME OF JESUS PARISH

New Year’s Day Mass
The Solemnity of Mary, the Holy Mother of God
Wednesday, January 1, 2020 at 9:00 AM

HOLY NAME WEEKLY CALENDAR
Week of December 29, 2019

Sunday, Dec 29, 2019
10:00 AM Choir Practice Pastoral Center
12:45 PM Baptism Church

Monday, Dec 30, 2019
10:00 AM Line Dancing Group Flanagan Center
6:30 PM SVdP Meeting Pastoral Center

Tuesday, Dec 31, 2019
NEW YEAR’S EVE

Wednesday, Jan 2, 2020
NEW YEAR’S DAY

Saturday, Jan 4, 2020
9:30 AM Heartfulness Talk Flanagan Center
12:00 Noon Baptism Church
1:30 PM Pre-Baptismal Prep Class Pastoral Center

Chinese Ministry Announcement – Ending Chinese Mass
Please note that the Chinese Ministry Saturday program will be re-organized starting January 2020. Regretfully, due to the shortage of Chinese speaking priests, there will not be a Chinese Mass. Instead, we plan to do the following to celebrate the Lord's Day.

3:00 pm: Rosary in the main church,
First reading,
Second reading,
Gospel reading and sharing,
Vocational cross.
3:45 pm: Fellowship in the Flanagan Center.
5:00 pm: Vigil Mass in the main church, for those so desired.

聖名堂中文團體通告 – 結束中文彌撒
請留意從2020年一月開始，聖名堂中文團體將重新組織星期六的程序。 由於會說中文的神父不足，很可惜我們將取消中文彌撒。 我們計劃進行以下活動來慶祝主日。

下午3時：在主堂念玫瑰經，
讀經一，
讀經二，
讀福音和分享，
傳聖召十字架。
下午3時45分：在凡乃根中心聚會。
下午5時：由個人選擇，在主堂望彌撒。

HOLY NAME TREE OF LIFE ORDER FORM

Honor your loved ones, whether living or deceased, with a gift of a leaf on our Tree of Life.
Each leaf costs $500 with a $25 engraving charge.
We suggest a maximum number of characters to 5 lines, up to 25 characters per line including spaces.

Leaf color choices are gold, silver or bronze. For more information, please call (415) 664-8590 or drop by the Parish office between 9 AM – 4 PM.

YOUR HEALTH MATTERS!
The Illness with a Stigma

Many people are very private when it comes to talking about their illness. But when it comes to mental illness, No One or very few people will disclose that they or someone in their family experiences it. Why is that? Isn’t mental illness like any physical illness? Yes and no. Yes, mental illness is recognized by the medical association as an illness that can be defined and treated. And “no” in that mental illness carries with it, a “Stigma” with this illness. A mental disorder also called a mental illness, are usually defined by a combination of how a person behaves, feels, perceives, or thinks. A “Stigma” is a mark of Disgrace that sets a person apart from others. When a person is labeled by their illness, they are no longer seen as an individual but as part of a stereotyped group. Negative attitudes and beliefs toward this group create prejudice which leads to negative actions and discrimination. Three out of four people with mental illness report that they have experienced “stigma”.

9 Ways to fight mental health stigma:
Talk openly about mental health
Educate yourself and others
Be conscious of language
Encourage equality between physical and mental illness
Show compassion for those with mental illness
Choose Empowerment over Shame
Be honest about Treatment
Let the media know when they are being stigmatized

To your health,
Angela Testani R.N.

HOLY NAME OF JESUS PARISH
SAN FRANCISCO
is a welcoming multicultural and liturgical community that celebrates our Christian Faith. In the spirit of the “Joy of the Gospel” we work together promoting Catholic values and teachings. Our parish encourages a strong devotion to our Blessed Mother Mary, who gives us an example of faithful discipleship and a generous stewardship way of life.

HEAR YE! HEAR YE!
The Parish Office will be closed from
Tuesday, December 31-Wednesday, January 1.
We will re-open on Thursday, January 2, 2020

PARISH MISSION STATEMENT

HOLY NAME OF JESUS PARISH SAN FRANCISCO is a welcoming multicultural and liturgical community that celebrates our Christian Faith. In the spirit of the “Joy of the Gospel” we work together promoting Catholic values and teachings. Our parish encourages a strong devotion to our Blessed Mother Mary, who gives us an example of faithful discipleship and a generous stewardship way of life.
Sister Alice Holden, CCVI
Born in Chicago in 1935, she entered the convent after high school. Education includes a BA in English, an MBA, a PhD in creative ministry from Fordham University, Certified Instructor of T’ai Chi Chih, and Certified Spiritual Director. Sister Alice was director of three residential facilities for adolescents with emotional difficulties, director of ReBarn Center for Spirituality and the Arts, and recently in San Antonio manages InterFaithINC, to empower us to remember who/Whose we are.

**HEARTFULNESS**

*Transformation in Christ*

A day long workshop on Centering prayer, discussing writing by Fathers Thomas Keating and Richard Rohr the Rosary, connecting to our individual daily challenges and the Trinity, Affirming, Forgiving, and Loving no matter what.

**January 4, 2020**

9:30 AM—4:00 PM

FLANAGAN CENTER (underneath the Church)
on the corner 39th Ave. & Lawton St.

LUNCH IS PROVIDED!
Please RSVP to kim.skidmoremd@gmail.com

**DO NOT BE CONFORMED TO THIS WORLD, BUT**

**BE TRANSFORMED**

BY THE RENEWAL OF YOUR MIND, THAT BY TESTING YOU MAY DISCERN WHAT IS THE WILL OF GOD, WHAT IS GOOD AND ACCEPTABLE AND PERFECT.

〈ROMANS 12:2〉
ADS
Parish Leadership
Parish Pastoral Council: Paul Roscelli
Finance Council: Jim Regan
Stewardship Council: Ricky Inting & Cecile Sabater

Liturgy Ministries
Eucharistic Ministers & Children's Liturgy: Roberta Beach
Lectors: Leo Nascimento
Altar Servers: Tri Nguyen
Music Ministry: Carl Vengco
Sacristans: Ramsey Ramos
Environment: Cecilia Bermudez
Linens: Ding Carbonel

Faith Formation & Catechesis
Religious Education: Hilda Dela Cruz
Rite of Christian Initiation: Sr. Cristina Ovejera, FdCC
Youth Ministry: Julie Quock, Alejandra Brito, John & Erin Grogan
Infant Baptism Prep: Terry Faherty

Pastoral Outreach
Sick & Homebound Ministry: Susan Logan
Senior Club: Pat Relampagos
Holy Name Ladies Aid: Letty Palpalatoc
Grief & Consolation Ministry: Valerie Toy
Knights of Holy Name: Bill Flaherty
Hospitality: Linda & Tony Sideco, Noreen McEllistrim, Mary Dunne

Chinese Ministry: Valerie Toy & Louis Chan
Fil-Am Ministry: Ramsey Ramos & Freda Motak
St. Vincent De Paul Conference: Carol Elliott Maloof
Marian Shrine: Ester Aure
Legion of Mary: Ray Frost
Gabriel Project and Cancer Support: Rose Tang
Food Bank Project at Holy Name: Louis Chan (415)613-9075

Parish Office Address: 1555 39th Ave.
San Francisco, CA 94122
Parish Office Phone Number: (415) 664-8590
Parish Office E-Mail: hnparishesecretary@gmail.com
Website: www.holynamesf.org

Schedule of Masses
Sunday: 7:30 AM, 9:30 AM (Family Mass), 11:30 AM,
Saturday: 7:30 AM, 9:00 AM, 3:00 PM (Chinese), 5:00 PM (Vigil)
Weekdays (in Convent Chapel 1555 39th Ave): 7:30 AM, 9:00 AM
Except Thursdays when school students are in attendance,
Mass will be in the Church.
Holy Days: 7:30 AM, 9:00 AM, and 7:00 PM
Confessions: 9:10 AM—9:25 AM and 11:10 AM—11:25 AM
on Sunday & 4:20 - 4:50 PM Saturday or as requested, just call the
Parish office or approach any priest
Adoration of the Blessed Sacrament
Every Wednesday—after the 9 AM Mass with benediction at 12 Noon
Sacred Heart of Jesus Devotions: Friday after 9:00 AM Mass
Perpetual Help Devotions: Every Saturday after 9:00 AM Mass
First Friday Devotion to the Sacred Heart of Jesus
after the 9:00 AM Mass with the Exposition, Adoration of the Blessed Sacrament and
Benediction at 10:30 AM
First Saturday Devotion to the Blessed Virgin Mary
begins at 8:30 AM with the Rosary, then Mass & Benediction

Baptisms by appointment
Baptismal Preparation—Every 1st Saturday of the month in the
Pastoral Center - 1:30 PM—You need to register for the class
ahead of time.
Baptism Ministry (Sewing Group): Every Monday 1-3 PM in the
Pastoral Center Event Room
Marriages: Contact Pastoral Center 6 months in advance.
Sundays 12:30-2:30 PM, Flanagan Center
R.C.I.A. (Chinese): Every Saturday—Green Room—1:30 PM
Lectio Divina: Tuesday 10—11 AM (Pastoral Center)
Bible Study Group (Chinese): Every Wednesday—7:30 PM
Flanagan Center
Parish Pastoral Council: contact Fr. Arnold Zamora
St. Vincent de Paul Society meeting— every Monday at 6:30 PM
(Pastoral Center)
Holy Name Ladies Aid: every 1st Wednesday of the Month at 12:30
PM (Pastoral Center)
Senior Club: every Thursday at 11:30 AM –2:30 PM (Flanagan Center)
Holy Name Choir Practice: every WEDNESDAY at 5:30 PM in the
Pastoral Center
The Gabriel Project: Contact Rose Tang (415)793-0967
Legion of Mary: every Tuesday at 7:30 PM
Youth Ministry: First Sunday a month 5 PM—7:30 PM
including Mass. Contact person: Sr. Cristina & Team
(415)664-8590
Blood Pressure Screening: every 2nd Wednesday from after the
7:30 AM Mass until 11 AM (Pastoral Center) except July & August
Hospitality: Every Wednesday after the 7:30 AM and 9 AM Masses
in the Pastoral Center except July & August